

PLEASE READ: We are now offering both a delivery service and an order and collection service or you can turn up with a written list and we will fill it for you to takeaway. Please bear with us as we get this going - this is new to us and we will do our best in these trying times! Central deliveries will be by bike - further afield by car. We will be using paper bags and taking all possible precautions however we suggest that once you have received an order you place it away from yourself until you feel that any risk of contamination has passed. Order amounts are approximate and once your order has been fulfilled we will ring you back with final amount and for payment. If you know that we usually have something in stock that is not on this form, or have seen an announcement on social media, then please ask! Please follow us on social media/our website for updates on new stock or ask when you phone as stock is subject to change. We will endeavour to keep everything in stock but may experience difficulties. PLEASE NOTE EVERYTHING IS SUBJECT TO CHANGE!

Pack It In Order Form	
To place an order PHONE: 07397155459 01905 612797 07580 641533 07968260892 Please try a different number if no answer	
Order by 10am for delivery later that day or potentially the day after depending on demand. Or email your order to info@packitin-zerowasteliving.co.uk Please try to help us by getting your order in early. Once your order has been placed we will pack it up and ring you with a total to be paid. Or let you know it is ready to collect.	
Syd Smith Butchers 07818665520 0190522623 Cheese to Please 07904884109 Please ring direct to order and they will add their products to our deliveries.	

Delivery schedule				
WR1 Worcester city center, Barbourne, arboretum, some of cathedral	Daily by bicycle			
WR2 Powick, Hallow, Rushwick, (sinton green - callow end)	Deliveries will be grouped together so will be allocated a delivery day to be grouped with other deliveries Tue, Wed, Thurs or Saturday and you'll be texted delivery day. We may update this plan once we see how it goes. Please check our website or social media for updates.			
WR3 Fernhill Heath, Claines, northwick(northwick - motorway) & possibly close parts of WR10				
WR4 Warndon, Long Meadow, Blackpole				
WR5 Kempsey, Broomhall, Nunnery, Redhill, (hospital - kempsey)				
WR10 Pershore, Eckington, Drakes Broughton	collection from Pershore town center available.			
WR 6,7,8,9,10, 11,12,13,14 For these postcodes I am sorry but we are not offering delivery at present. However, if you can arrange minimum 5 families to order minimum £25 each then we would consider a drop off to a single location. Additionally - if your location is on the border of one of the other drop offs then we may be able to accomodate you - please phone and ask.				
Delivery cost per order	£4.00		We hope you a speedy recovery and/or a successful self-isolation! Our thoughts are with you! Please don't hesitate to contact us if we can help you in any way. Including topping up your order with products from other shops that you have paid for and had put back for you as long as they are near to our shop, or can be brought along to our shop to add to your delivery. From All at Pack It In	
Phone and collect cost per order	£2.00			
Details needed:	Name, address, phone number (mobile)			
Payment methods	Over phone by card once order has been fulfilled			
	By paypal once order has been fulfilled			
	By card/cash on collection			
RECENT	Bread - Ledbury Loaf - White	large	£2.50	Phone by 10 to reserve bread for collection the next day.
ADDITION	Bread - Malthouse Granary	large	£3.00	

	Supplier Product Description	Retail Unit	Retail price		Supplier Product Description	Retail Unit	Retail price
Cereal	Bran Flakes - Organic	100g	£0.65	Pulses	Buckwheat Groats - Organic	100g	£0.35
Cereal	Cornflakes - Organic	100g	£0.67	Pulses	Couscous	100g	£0.20
Cereal	Granola - Organic	100g	£0.85	Pulses	Popping Corn	100g	£0.29
Cereal	Granola (Oat and Coconut)	100g	£0.60	Pulses	Quinoa (Red) - Organic	100g	£0.60
Cereal	Muesli (Classic) - Organic	100g	£0.45	Pulses	Quinoa (White) - UK	100g	£0.60
Cereal	Muesli (Deluxe) - Organic	100g	£0.49	Pulses	Pearl Barley - UK	100g	£0.20
Cereal	Oats (Gluten Free) - Organic	100g	£0.45	Pulses	Bulgur Wheat	100g	£0.40
Cereal	Oats (Jumbo)	100g	£0.20	Gifts			£0.00
Cereal	Oats (Rolled/Porridge)	100g	£0.20	Gifts	Children's BOOKs - Wild Tribe Heroes	1	£7.99
Cereal	Fruit Crunch	100g	£0.59	Pasta			£0.00
Cereal	Oatmeal Pinhead Oats - Organic	100g	£0.28	Pasta	White Fusilli Pasta - Organic	100g	£0.32
Beans			£0.00	Pasta	White Penne Pasta - Organic	100g	£0.32
Beans	Adzuki Beans	100g	£0.45	Pasta	White Spaghetti - Organic	100g	£0.26
Beans	Black Turtle Beans - Organic	100g	£0.40	Pasta	Whole Wheat Fusilli Pasta - Organic	100g	£0.32
Beans	Black Eyed Beans	100g	£0.39	Pasta	Whole Wheat Penne Pasta - Organic	100g	£0.32
Beans	Butter Beans (Lima)	100g	£0.55	Pasta	Whole Wheat Spaghetti - Organic	100g	£0.26
Beans	Haricot - Organic	100g	£0.32	Pasta	Macaroni white - organic	100g	£0.33
Beans	Kidney Beans	100g	£0.40	Pasta	Macaroni Whole Wheat - Organic	100g	£0.33
Beans	Mung Beans - Organic	100g	£0.55	Pasta	Gluten Free Pasta Corn Fusilli	100g	£0.85
Beans	Pinto Beans	100g	£0.37	Pasta	Gluten Free Pasta Brown Rice Penne	100g	£1.00
Beans	Soup Mix (Broth Mix) - Organic	100g	£0.38	Rice			£0.00
Beans	Soya Beans - Organic	100g	£0.55	Rice	Arborio (Risotto) Rice	100g	£0.26
Beans	Chickpeas - Organic	100g	£0.45	Rice	Long Grain Rice (White)	100g	£0.38
Pulses			£0.00	Rice	Jasmine Rice (White) - Organic	100g	£0.40
Pulses	Lentils (French Type/Dark Speckled)	100g	£0.35	Rice	Long Grain Rice (Brown)	100g	£0.22
Pulses	Lentils (Green)	100g	£0.25	Rice	Short Grain Rice (Brown) - Organic	100g	£0.25
Pulses	Lentils (Red) (Split)	100g	£0.22	Rice	Wild Rice - Organic	100g	£1.68
Pulses	Peas (Marowfat) (Whole)	100g	£0.32	Dried Fruit			£0.00
Pulses	Peas (Split) (Yellow)	100g	£0.20	Dried Fruit	Apple Rings	100g	£0.91

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Dried Fruit	Apricots (Whole Unsulphured)	100g	£0.60	Nuts	Pistachios	100g	£2.89
Dried Fruit	Banana Chips	100g	£0.63	Nuts	Walnut (Pieces)	100g	£1.30
Dried Fruit	Cherries (Glaze Bright Red)	100g	£0.75	Nuts	Mixed Nuts	100g	£1.60
Dried Fruit	Cranberries (Sweetened)	100g	£1.10	Seeds			£0.00
Dried Fruit	Currants (Medium)	100g	£0.60	Seeds	Chia Seeds	100g	£1.35
Dried Fruit	Dates (Whole Pitted)	100g	£0.45	Seeds	Linseed/Flaxseed (Brown)	100g	£0.39
Dried Fruit	Figs - Organic	100g	£0.80	Seeds	Linseed/Flaxseed (Gold)	100g	£0.52
Dried Fruit	Ginger Crystallised	100g	£1.20	Seeds	Poppy Seed	100g	£0.85
Dried Fruit	Goji Berries	100g	£1.95	Seeds	Pumpkin seeds - organic	100g	£0.97
Dried Fruit	Mango (Slices) - Organic	100g	£2.00	Seeds	Sesame Seeds (White)	100g	£0.42
Dried Fruit	Mixed Peel	100g	£0.55	Seeds	Sunflower Seeds	100g	£0.59
Dried Fruit	Prunes (Pitted Ashlock)	100g	£0.49	Snacks			£0.00
Dried Fruit	Raisins - changing to non organic	100g	£0.48	Snacks	Cacao Nibs - Organic	100g	£2.15
Dried Fruit	Sultanas	100g	£0.39	Snacks	Raw Chocolate Covered Almonds - Org	100g	£3.50
Nuts			£0.00	Snacks	Raw Chocolate Covered Cherries - Org	100g	£2.90
Nuts	Almonds - Organic	100g	£2.10	Snacks	Raw Chocolate Covered Ginger	100g	£3.35
Nuts	Almonds (Ground)	100g	£1.39	Snacks	Raw Chocolate Covered Raisins - Orga	100g	£2.65
Nuts	Almonds (Flaked)	100g	£1.56	Snacks	Sea Salt & Cider Vinegar fava beans	100g	£0.95
Nuts	Brazil Nuts - Organic	100g	£2.10	Snacks	Lightly Sea Salted Roasted Green Pea	100g	£0.76
Nuts	Cashew Nuts	100g	£1.92	Snacks	Chilli & Lime Roasted Fava Beans	100g	£0.92
Nuts	Coconut Chips - Organic	100g	£1.00	Snacks	Smoked Paprika Roasted Yellow Peas	100g	£0.92
Nuts	Desiccated Coconut - Organic	100g	£0.52	Snacks	Salt & Pepper Roasted Pea & Bean Mi	100g	£0.92
Nuts	Hazelnuts - Organic	100g	£2.10	Snacks	Bombay Mix	100g	£0.42
Nuts	Macadamia Nuts	100g	£4.50	Snacks	Doisy & Dam Smarties- SFV & GF	100g	£2.00
Nuts	Peanuts (Redskin) - Organic	100g	£0.43	Baking			£0.00
Nuts	Nut Butter -plus jar (50p) to contain it	100g	£0.85	Baking	Drinking Chocolate	100g	£1.95
Nuts	Peanuts (Roasted and Salted)	100g	£0.45	Baking	Gram Flour	100g	£0.29
Nuts	Pecan Nuts	100g	£2.90	Baking	Baking Powder	100g	£0.50
Nuts	Pine Nuts - organic	100g	£5.80	Baking	Bicarbonate of Soda - Food Grade	100g	£0.60

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Baking	Cacao Powder	100g	£3.15	Herbs	Marjoram	10g	£0.69
Baking	Maize Flour - Organic	100g	£0.32	Herbs	Mint	10g	£0.49
Baking	Polenta	100g	£0.25	Herbs	Mixed Herbs	10g	£0.41
Baking	Rye Flour - Organic	100g	£0.19	Herbs	Oregano	10g	£0.49
Baking	Sea Salt (Course)	100g	£0.43	Herbs	Parsley	10g	£0.77
Baking	Sea Salt (Fine)	100g	£0.22	Herbs	Rosemary	10g	£0.40
Baking	Spelt Flour (White)	100g	£0.30	Herbs	Sage	10g	£0.61
Baking	Spelt Flour (Wholemeal)	100g	£0.29	Herbs	Tarragon	10g	£1.18
Baking	Sugar (Coconut Palm) - Organic	100g	£0.69	Herbs	Thyme	10g	£0.50
Baking	Sugar (Demerara)	100g	£0.32	Herbs	Chinese 5 Spice	10g	£0.32
Baking	Sugar (Caster) - Organic	100g	£0.50	Spices			£0.00
Baking	White Flour (Plain) - Organic	100g	£0.19	Spices	Agar Agar	10g	£1.54
Baking	White Flour (Plain, GF)	100g	£0.25	Spices	Allspice	10g	£0.30
Baking	White Flour (Self-Raising) - Organic	100g	£0.20	Spices	Arrowroot	10g	£0.23
Baking	White Flour (Self-Raising, GF)	100g	£0.25	Spices	Cajun Seasoning	10g	£0.20
Baking	White Flour (Strong) - Organic	100g	£0.20	Spices	Caraway Seeds	10g	£0.42
Baking	Whole Wheat Flour strong - Organic	100g	£0.19	Spices	Cardamom Seed (Ground)	10g	£0.45
Baking	Vital Wheat Gluten	100g	£0.52	Spices	Cardamom Seed (Whole)	10g	£0.50
Baking	Sugar (Soft Dark Brown)	100g	£0.33	Spices	Cayenne	10g	£0.24
Baking	Bee's Wax 1oz	1	£2.00	Spices	celery salt	10g	£0.18
Baking	Brown Rice Flour - Organic	100g	£0.32	Spices	Celery seeds	10g	£0.30
Herbs			£0.00	Spices	Chilli Flakes	10g	£0.20
Herbs	Basil	10g	£0.45	Spices	Chilli Powder	10g	£0.15
Herbs	Bay Leaves	10g	£0.98	Spices	Cinnamon	10g	£0.23
Herbs	Coriander Leaf	10g	£0.70	Spices	Cinnamon Sticks (Quills)	10g	£0.73
Herbs	Curry Leaf	10g	£1.45	Spices	Cloves (Whole)	10g	£0.37
Herbs	Dill Seed	10g	£0.67	Spices	Coriander (Ground)	10g	£0.26
Herbs	Herbs de Provence	10g	£0.74	Spices	Coriander (Seeds)	10g	£0.42
Herbs	Italian Seasoning	10g	£0.39	Spices	Cumin (Ground)	10g	£0.19

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Spices	Cumin (Seeds)	10g	£0.20	Spices	Tandoori Spice	10g	£0.26
Spices	Curry Powder (Madras Medium)	10g	£0.17	Spices	Turmeric	10g	£0.17
Spices	Fajita Seasoning	10g	£0.25	Spices	Za'atar Spice Blend	10g	£0.35
Spices	Fennel (Seeds)	10g	£0.25	Vegan			£0.00
Spices	Fenugreek Seed	10g	£0.50	Vegan	Reduced Salt Bouillon Vegan	100g	£1.42
Spices	Garam Masala	10g	£0.19	Vegan	Soya Chunks (Natural) (Uncoloured)	100g	£0.65
Spices	Garlic Powder	10g	£0.15	Vegan	Soya Mince (Dark)	100g	£0.58
Spices	Ginger (Ground)	10g	£0.22	Vegan	Nutritional Yeast + B12	100g	£2.28
Spices	Jamaican Jerk Seasoning	10g	£0.20	Vegan	Dried Yeast	10g	£0.38
Spices	Mixed Spices	10g	£0.26	Tea			£0.00
Spices	Mustard Seeds (Brown)	10g	£0.25	Tea	Assam	100g	£6.40
Spices	Mustard Seeds (Ground)	10g	£0.25	Tea	English Breakfast (Organic)	100g	£5.50
Spices	Mustard Seeds (Yellow)	10g	£0.25	Tea	Green Tea	100g	£4.60
Spices	Nigella Seeds	10g	£0.30	Tea	Bora Bora Fruit Infusion	100g	£5.60
Spices	Nutmeg (Ground)	10g	£0.22	Tea	Rooibos	100g	£5.16
Spices	Nutmeg (Whole)	10g	£0.37	Tea	camomile	100g	£6.50
Spices	Onion Powder	10g	£0.19	Tea	Peppermint	100g	£5.78
Spices	Onion Seed	10g	£0.25	Tea	Earl grey	100g	£6.08
Spices	Paprika	10g	£0.17	Tea	Decaffeinated Ceylon Tea	100g	£8.40
Spices	Paprika (Smoked)	10g	£0.20	Tea	Hibiscus	100g	£4.90
Spices	Paprika Sweet	10g	£0.17	Tea	Balance Tea	100g	£6.50
Spices	Pepper (White) (Ground)	10g	£0.28	Tea	Metal Cup Strainer	1	£6.00
Spices	Pepper - Black Cracked / Ground	10g	£0.20	Tea	Medium Mesh ball	1	£3.50
Spices	Peppercorn (Black)	10g	£0.20	Tea	Tea Egg Tongs	1	£4.00
Spices	Pickling Spice	10g	£0.25	Coffee			£0.00
Spices	Piri Piri Seasoning	10g	£0.26	Coffee Bea	Coffee (Espresso)	100g	£2.50
Spices	Ras El Hanout	10g	£0.27	Coffee Bea	Coffee (French Roast)	100g	£2.50
Spices	Star Anise	10g	£0.65	Coffee Bea	Coffee (After Dinner)	100g	£2.50
Spices	Sumac	10g	£0.32	Coffee Bea	Coffee (Mountain Washed Decaf)	100g	£3.00

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			£0.00	Cleaning	Citric Acid (Anhydrous)	100g	£0.70
We are not doing deliveries of the refill food liquids for the moment. If you are in urgent need of something please speak to us.				Cleaning	Cream Cleanser 1L	1	£5.00
	Rapeseed Oil Bottle 1L	1 bottle	£4.00	Cleaning	Cream Cleanser 500ml	1	£3.00
Pers care			£0.00	Cleaning	Dishwasher Powder	100g	£0.40
Pers care	Friendly Soap - aloe vera, lemongrass, lavender, patchouli, grapefruit,	1 bar	£2.10	Cleaning	Eco Laundry Powder	100g	£0.46
Pers care	Friendly Speciality - shea butter, shaving, shampoo bar, Travel bar	1	£2.60	Cleaning	Fabric Conditioner 1L	1	£3.50
Pers care	Friendly Conditioner Bar	1	£4.95	Cleaning	Fabric Conditioner 500ml	1	£2.00
Pers care	Lamazuna Shampoo - normal: orange/cinnamon or chocolate or scots pine. Oily: citrus Dry: vanilla and coconut, orange.	1	£9.00	Cleaning	Hand Soap (Fig) 500ml	1	4.25
Pers care	Hydrophil Toothbrush Holder Ceramic	1	£6.99	Cleaning	Hand Wash & Delicate Laundry Liquid	1	£4.50
Pers care	Hydrophil Bamboo Toothbrush Adult	1	£4.00	Cleaning	Hand Wash & Delicate Laundry Liquid	1	£8.50
Pers care	Hydrophil Bamboo Kids Toothbrush - Blue/Re	1	£3.50	Cleaning	Non-Bio Laundry Liquid 1L	1	£3.50
Pers care	Hydrophil Bamboo Toothbrush Case	1 case	£8.50	Cleaning	Non-Bio Laundry Liquid 500ml	1	£2.00
Pers care	Cotton Swabs	1	£2.50	Cleaning	Rinse Aid 1L Bottle	1	£3.00
Pers care	Hydrophil Soap Pouch	1 pouch	£4.00	Cleaning	Rinse Aid 500ml Bottle	1	£1.75
Pers care	Bamboo Comb (Small)	1	£2.50	Cleaning	Toilet Cleaner 1L	1	3.50
Pers care	Bamboo Comb (Croll & Denecke)	1	£6.50	Cleaning	Toilet Cleaner 500ml	1	2.00
Pers care	Epsom Salts	100g	£0.36	Cleaning	Washing Up Liquid 1L	1	£3.50
Pers care	JLC Conditioner flakes - makes 1L	1	£7.99	Cleaning	Washing Up Liquid 500ml	1	£2.30
Pers care	Plasters	1	£6.99	Cleaning	White Vinegar 1L	1	£2.10
Pers care	Denttabs No Fluoride by weight	10g	£1.50	Cleaning	White Vinegar 500ml	1	£1.30
Pers care	Denttabs + Fluoride by weight	10g	£1.50	Cleaning	To be delivered in new bottles - to be re		£0.00
Pers care	Lip Balm - Hydrophil	1	£5.99	Cleaning	All-Surface Multi Cleaner 1L	1	£3.00
Pers care	Body Loofah	1	£2.75	Cleaning	All-Surface Multi Cleaner 500ml	1	£1.75
Pers care	EC Deodorant - Jasmine & Rose, Spearmint, Pure, Lemon&Rosemary, Lemon&grapefruit	1	£7.00	Cleaning	Bicarbonate of Soda - Cleaning	100g	£0.33
Pers care	Nail Brush	1	£5.90				

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Body			£0.00	Fabric	Cotton Wipes (Sets of 10)	1 set	£8.00
Body	Body Wash - Lavender, Rosemary & Spearm	500ml +b	£7.00	Fabric	Bamboo Wipes (Sets of 10)	1 set	£9.00
Body	Body Wash - Pomegranite	500ml +b	£7.00	Fabric	Nursing Pads (pair of)	Pair	£5.00
Body	Shampoo - Lime, Basil & Mandarin Bottle	500ml +b	£7.00	Fabric	Nursing pads Basic (5 Pairs)		£14.00
Body	Conditioner - Lime, Basil & Mandarin Bottle	500ml +b	£7.00	Fabric	wash nets	1 net	£5.00
Lifestyle			£0.00	Fabric	Wax Wraps - 10"	1 wrap	£6.00
Lifestyle	Toilet Loo Roll - Singles	1	£0.56	Fabric	Wax Wraps - 12"	1 wrap	£7.50
Lifestyle	Toilet Loo Roll - Bulk pack	1	£2.25	Fabric	Wax Wraps - 14"	1 wrap	£8.00
Lifestyle	Toilet roll - box of 24 naked rolls	1	£14.00	Fabric	Bread Bag	1	£12.00
Lifestyle	Aluminium Foil	1	£4.65	Fabric	Minivi 11" original pad		£11.00
Lifestyle	Baking Parchment	1	£4.65	Fabric	Minivi 8" original pad		£9.75
Lifestyle	Scourer	1	£2.50	Fabric	Minivi 8" light pad		£9.75
Lifestyle	Scourer pack of 2	1	£4.75	Fabric	JLC 7 liners		£19.99
Lifestyle	Eco coconut bottle brush	1	£5.00	Fabric	Wet bag Small		£5.00
Lifestyle	Eco coconut Dish brush	1	£5.00	Fabric	Wet bag Large		£9.00
Lifestyle	Cleaning Pad made from loofah	1	£2.90	Fabric	Wet Bag small Double	1	£11.00
Lifestyle	Washing-Up Pad made from loofah	1	£2.75	Fabric	Bamboo Wipes individual	1	£0.90
Lifestyle	Paper tape 24mm	1	£3.50	Fabric	Cotton Wipes individual	1	£0.80
Lifestyle	Straw Cleaning Brushes	1	£1.20	Fabric	Kitchen Towels x 10	1	£14.00
Lifestyle	Hemp Seed Facial Oil	1	£14.90	Fabric	Kitchen Towel Individual	1	£1.40
Lifestyle	Aloe Vera Jelly Cleanser	1	£9.90	Fabric	Daily Liners x 1	1	£5.49
Lifestyle	Facial Scrub Green Tea & Pumice	1	£11.50	Fabric	Onya Produce Bags (5 pack)	1 set	£12.50
Lifestyle	Cream Cleaner Shea Butter & Witch Hazel	1	£12.00	Fabric	Cotton Produce Bag Small	1 bag	£2.00
Lifestyle	Gel Moisturiser Aloe Vera	1	£14.60	Fabric	Cotton Produce Bag Medium	1 bag	£3.00
Lifestyle	Rich Cream Moisturiser Shea Butter & Roseh	1	£14.00	Fabric	Cotton Produce Bag Large	1 bag	£3.75
Lifestyle	Paper Tape 50mm	1	£5.30	Fabric	Cotton Produce Bag Variety pack	1	£7.00
Lifestyle	Paper Tape 19mm	1	£2.00	Fabric	Round Face wipes pack of 5 dark side	1 set	£5.00
Lifestyle	Pokito Cup	1	£14.00	Fabric	Round Face wipes pack of 5 plain	1	£4.00